

# Are you in a clinical risk group?

**YOUR  
WINTER  
HEALTH**

Clinical risk groups are identified as people who are at higher risk of serious illness from viruses like flu or COVID-19.

Clinical risk groups include people with medical conditions such as:

- Respiratory disease, such as severe asthma, cystic fibrosis or emphysema
- Heart disease
- Diabetes
- Chronic neurological diseases like Downs Syndrome or Cerebral Palsy
- Chronic kidney or liver disease
- People who are immunosuppressed due to disease or treatment such as chemotherapy, radiotherapy or certain transplant recipients

If you think you are in a clinical risk group, you may be eligible for a **free flu and COVID vaccination** to help protect you from serious illness. Contact your GP or visit [www.gov.im/vaccinations](http://www.gov.im/vaccinations) to find out more.



**Isle of Man  
Government**

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